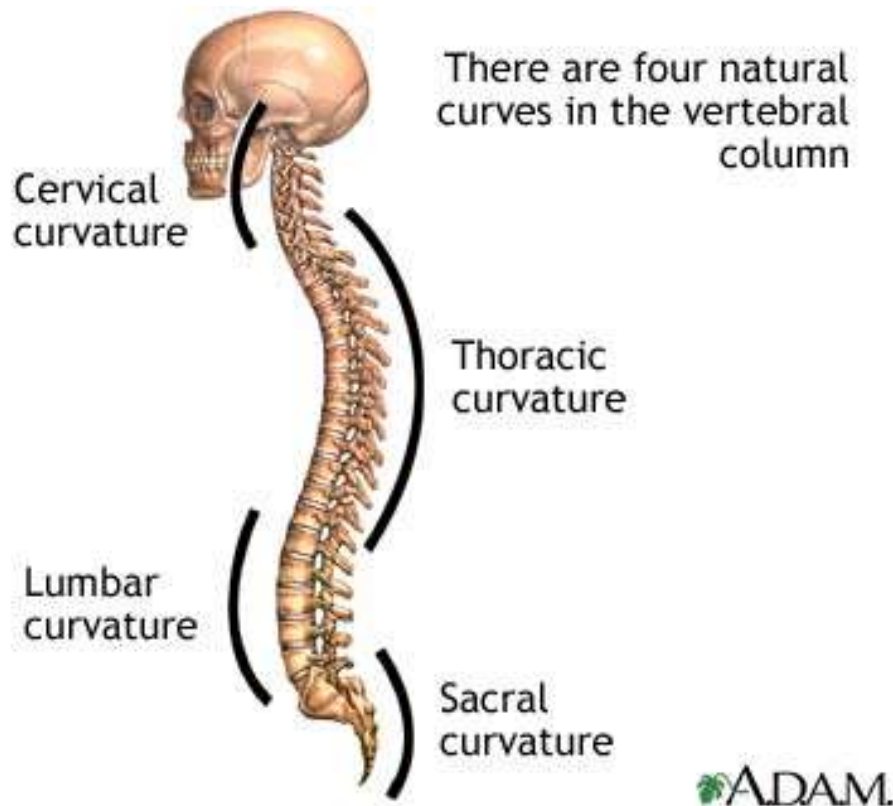


The Amazing Spine



These are the four natural curves in the spine.

The cervical, thoracic, lumbar, and sacral curvatures and the intervertebral disks absorb and distribute stresses that occur from everyday activities such as walking or from more intense activities such as running and jumping and lifting.

If any of these curves are altered by continuous malposition they put constant pressure on critical nerves that run your body.

Chiropractic care rejuvenates the joints of your spine to restore normal motion and alignment in the curves so your nerves can return to sending constant uninterrupted signals that maintain your health and function.

Photo Credit: (c) ADAM

Disclaimer: This information is not intended as a substitute for medical or chiropractic professional help or advice, but is to be used only as an aide in understanding spinal and nerve issues.

Click the Following Links to Read More About:

[Risk Free Decompression Therapy](#)

[Cromwell Family Chiropractic](#)

[Complications of Spine Surgery](#)

[Cromwell Family Chiropractic Massage](#)